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What is claimed is:

1. An athletic garment comprising:

a body including a pair of thigh portions; and

a pair of guard members, one supported by each of the thigh portions and positioned to cover the adjacent inner thighs when the garment is worn.

- 2. The garment of claim 1 wherein the garment is a pair of shorts.
- 3. The garment of claim wherein the body of the garment is formed of elastic material.
 - 4. The garment of claim 3 wherein the garment is a pair of shorts.
- 5. The garment of claim 1 wherein the guard members are shock absorbent.
 - 6. The garment of claim 1 wherein the guard members are deflective.
- 7. The garment of claim 6 wherein the guard members are shockabsorbent.
- 8. The garment of claim 1 wherein the guard members are supported within pockets formed on the inner aspect of the thigh portions of the body.
- 9. The garment of claim 8 wherein the guard members are non-removably supported in the pockets.

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- 10. The garment of claim 1 wherein each guard member comprises a deflective layer.
- 11. The garment of claim 10 wherein each guard member further comprises a shock-absorbing layer.
 - 12. The garment of claim 11 wherein the deflective layer is flexible.
- The garment of claim 12 wherein the shock-absorbing layer is flexible.
 - 14. The garment of claim 13 wherein the deflective layer is plastic.
- 15. The garment of claim 14 wherein the shock-absorbing layer is compressible.
- 16. The garment of claim 15 wherein the shock-absorbing layer is foam.
- 17. The garment of claim 16 wherein in each guard member the deflective layer is under the compressible layer.
- 18. The garment of claim 17 wherein each guard member is supported in a pocket on the inner aspect of each thigh portion.
- 19. The garment of claim 18 wherein each guard member is non-removably supported within the pocket.

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